

Come Fly With Me



My dear brothers and sisters in Christ,
There are times when the heart becomes tired. We carry worries for our families, concerns about the future, unanswered prayers, and burdens we do not always know how to explain.
In those moments, God is not asking for perfect words. He is simply asking us to come to Him.
Prayer is where we can be honest. We can bring God our fear, gratitude, confusion, tears, and even our silence. He already knows our hearts, but there is something powerful about placing everything before Him and trusting that He is listening.
Sometimes prayer changes the situation. Other times, prayer changes us. It gives us strength, patience, and peace when we do not yet understand what God is doing.
October reminds us of the beauty of the Rosary. As we pray with Mary and reflect on the life of Jesus, we are reminded to stay close to God through every season.
So when your heart feels heavy, pray. When you are grateful, pray. When you are unsure what comes next, pray. Even if all you can say is, "Jesus, help me," let it come from your heart.
~Fr. Samy, Spiritual Director~

"Cast all your anxieties on him, for he cares about you." ***1 Peter 5:7***

Founder's Message



Why God Sometimes Says "Wait"
There are few things harder than praying for something with all your heart and feeling as though nothing is happening.
We pray for healing, for our children, for a job, for peace in our family, for a door to open, for a burden to be lifted. We pray again and again, and sometimes the answer does not come when we expect it.
In those moments, it is easy to ask, "God, where are You?"
But Scripture teaches us that waiting does not mean God has forgotten us.
Sometimes waiting is part of the way He prepares us, strengthens us, and teaches us to trust Him more deeply.
The Bible is filled with people who had to wait.
Abraham received a promise from God, but he waited many years before Isaac was born. Joseph was given dreams about his future, yet before those dreams were fulfilled, he experienced betrayal, hardship, and years of uncertainty.
Hannah prayed with tears before Samuel was born. Even Martha and Mary had to wait when Lazarus became sick. Jesus knew their pain, yet He did not arrive immediately. To them, it may have looked like God was late.
But God was still working. Jesus told

In Focus

Small Acts Can Make a Big Difference
We do not always need a big opportunity to make a difference. A kind word, a helping hand, a phone call, or simply listening to someone can become a moment of grace.



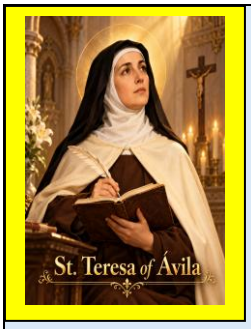
This month, let us look for simple ways to encourage others and show Christ's love through everyday actions.

Fellowship Corner

September Recap: Learning About the Archangels
Our September Fellowship & Faith Night brought us together to learn about Archangels Gabriel, Michael, and Raphael and the special missions God gave each of them.



We reflected on Gabriel as God's messenger, Michael as a defender against evil, and Raphael as a guide of healing and protection.
We are grateful to everyone who joined us as we continue growing together in faith.



Saint of the Month: St. Teresa of Ávila
Feast Day: October 15

St. Teresa of Ávila was born in Spain in 1515 and became one of the great spiritual teachers of the Catholic Church. From a young age, she loved God deeply, but her spiritual journey was not always easy. She experienced distractions, struggles in prayer, illness, and periods when she felt spiritually dry.

Over time, Teresa learned that prayer was not about saying perfect words. For her, prayer became a real relationship with God — a place where she could speak honestly, listen, and allow Him to change her heart.

She later helped reform the Carmelite Order, calling people back to a simpler life of prayer, humility, discipline, and deeper trust in God. Her courage was not always welcomed, but she remained faithful to what she believed God was asking of her.

St. Teresa teaches us that spiritual growth takes time. There may be days when prayer feels easy and other days when it feels difficult. What matters is that we keep showing up, keep trusting, and keep giving God access to our hearts. Her life reminds us that prayer can bring peace in confusion, strength in weakness, and courage when we feel afraid. The closer we grow to God, the more His grace begins to shape the way we live.



As we honor St. Teresa this month, may we ask God to deepen our prayer life and help us become more patient, faithful, and open to His presence each day.

~Andrea, Chairperson~

"Let nothing disturb you, let nothing frighten you; all things are passing; God never changes."
— St. Teresa of Ávila

Founder's message continued.

believe you will see the glory of God?" (John 11:40). What looked like delay became a moment in which God revealed something greater than they expected.

This is one of the hardest lessons of faith: **God's timing is not always our timing.** Scripture reminds us, **"For my thoughts are not your thoughts, nor are your ways my ways"** (Isaiah 55:8). We see only what is in front of us. God sees the whole picture. He knows what we need, what we are ready for, what may harm us, and what must first be prepared.

Sometimes we are asking God to change the situation while God is using the situation to change us.

Waiting can teach patience. It can expose fear, pride, impatience, or the desire to control everything ourselves. It can draw us into deeper prayer and teach us to depend on God instead of depending only on what we can see.



St. Paul writes, **"We walk by faith, not by sight"** (2 Corinthians 5:7). Faith becomes real when we continue trusting God even when we cannot yet see the answer.

That does not mean waiting is easy. The Psalms are filled with people crying out to God in frustration, sorrow, and confusion. God is not offended by an honest prayer. We can tell Him when we are tired. We can tell Him when we are afraid. We can tell Him when we do not understand. But we should not stop praying.

Jesus Himself taught His disciples **"the necessity for them to pray always without becoming weary"** (Luke 18:1). Prayer keeps our hearts connected to God while we wait.

And waiting does not mean doing nothing. We continue to live faithfully. We receive the sacraments. We read Scripture. We seek wise counsel. We forgive. We serve. We keep taking the next right step while trusting God with what we cannot control. Sometimes God's answer is **yes**. Sometimes it is **no**. Sometimes it is **not yet**.

And sometimes, what feels like God saying **"wait"** may actually be Him saying, **"Trust Me. I can see what you cannot see."**

So if you are waiting on God today, do not lose heart. Your prayer has not been wasted. Your tears have not gone unnoticed. Your faithfulness matters. Stay close to Him.

The same God who was faithful to Abraham, Joseph, Hannah, Martha, and Mary is still faithful today.

~Vic Joseph, Founder~

"Wait for the Lord; be strong and let your heart take courage; yea, wait for the Lord!" - ***Psalm 27:14***



OUR PRAYER

Lord, guide us to be of service to you and others. Inspire us to care for all your creation, especially the youth. Fill us with truth, hope and love in all that we do. Unite us to faithfully journey together with you, as we work to build Your Kingdom within our community.
~Serviam~

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