RISEN EAGLE

"I can do all things through Christ who strengthens me"
Philippians 4:13

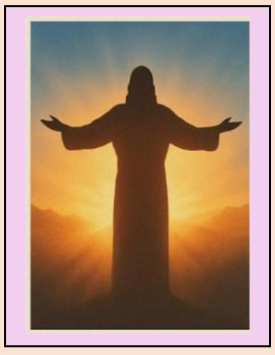


Vol. 2 APRIL 2025

SPIRITUAL FREEDOM



God bless each of you. As we journey through the month of April, our hearts remain full of the joy of the Resurrection. This is more than just a moment in history — it is a living promise. A promise that no matter how dark life may feel, light has already won. Too often, we measure our lives by the weight of our mistakes, our losses, or our regrets. But Christ's Resurrection flips the story — what was broken can be healed, what was lost can be found, and what was dead can rise again. That includes you. You may be behind walls, but you are not forgotten. You may feel stuck in a cycle, but you are not defeated. Christ's victory over the grave means your story isn't over — it's just getting started.



This month, let your spirit rise with Him.

- Rise above guilt — you are forgiven.
- Rise above fear — you are protected.
- Rise above shame — you are chosen.

In 2 Corinthians 5:17 it says, "If anyone is in Christ, he is a new creation; the old has gone, the new is here!"

Let that be your truth this month. Maybe you've been struggling with your past, doubting your worth, or feeling unseen — but God sees you. He knows your name. He knows your pain. And even more, He has a purpose for your life. Every breath you take is proof that there's still more for you. More healing. More growth. More freedom.

Spiritual freedom begins when we surrender our shame and let God define us by His grace instead of our guilt. It's not always easy, but it's always worth it. The chains may not fall all at once, but step by step, God breaks every stronghold.



You are not your past. You are God's beloved child.

Let this Resurrection season be your turning point. Your rising moment. We, your ERCM family, are praying for you daily — believing that freedom, hope, and healing are not far off. They're already unfolding within you.

Remember: a new life is not a future reward — it's a present invitation. He rose. Now it's your turn.

~ Reverend Arputhan Arulsamy (Fr. Samy), Spiritual Director, ERCM~

"The Lord is close to the brokenhearted and saves those who are crushed in spirit." Psalm 34:18

RE-ENTRY ROADMAP: A path to Restoration and Purpose.

Re-entry is more than a transition — it's a new beginning. As April marks a season of renewal, we reflect on the power of second chances. Each person returning home carries hope for healing, reconnection, and purpose.

At Eagle Rising Catholic Ministry, we know the journey is not easy — but it doesn't have to be walked alone. Re-entry support includes housing, emotional healing, job training, mentorship, and access to vital services. Programs like Freedom House offer safe spaces for rebuilding lives with dignity.

This month let's extend compassion and create an opportunity for our brothers and sisters to come home. Be the bridge from survival to thriving.

For support or to get involved, call ERCM at 929-561-8301.

~ Kim C, Vice Chair, ERCM ~

Prayer Line
929-561-8301
Call and leave us a message with your brief prayer intentions. Prayers will be lifted at holy mass confidentially and our Eagle Ambassador prayer warriors will also intercede for uour intentions.

If you have a testimony to share on Inside Voices, we would love to hear from you. Write to your local **D.O.C. Chaplain Services** or mail it to **Eagle Rising Catholic Ministry** at 4711 Church Ave., Bklyn, NY 11203

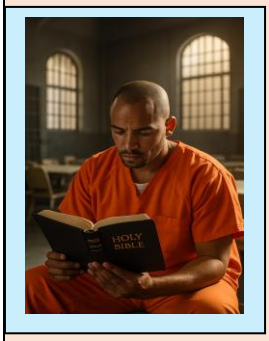
INSIDE VOICES

A Testimony of Healing, Faith, and Forgiveness from a Son of God Awaiting Freedom.

My testimony is incredible. I have had lymphedema (huge swelling of my leg) in my left leg and foot for 26 years. It has been getting worse year after year, causing me to spend more and more time in the hospital for skin (cellulitis) and blood infections (sepsis), usually 2 to 3 times a year.

I am currently on the inside and have come to the conclusion that there is no other way to go through life than with God's way. Recently, I was introduced to a few good men here, who God sent my way, to help me through my struggles in life. One of my biggest struggles was to forgive.

They told me a story about Saint Maria Goretti, a 12-year-old girl who was stabbed 14 horrible times but would not accuse or prosecute her attacker—instead, she insisted on forgiving him. Through this story, I too have confessed and forgiven all those that have hurt and wronged me.



One of these friends had a copy of a picture of this Saint that had touched her blood, making it a third-class relic. They touched this picture to my foot and asked for her intercession as they prayed to our Lord and Savior Jesus Christ for healing.

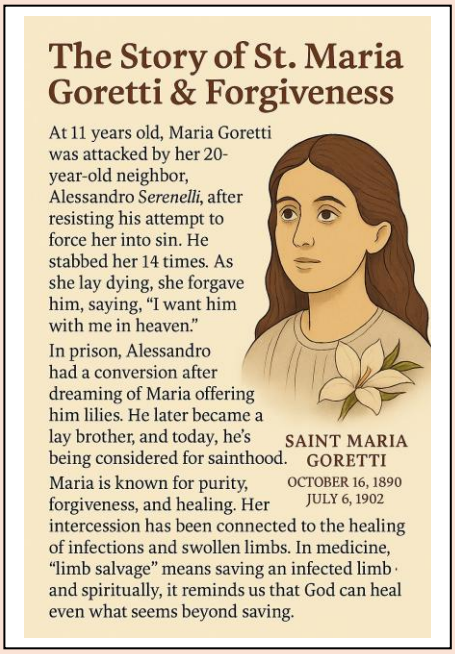
The next morning, I woke up and my swollen leg had shrunk considerably. This is a miracle! Now day by day, my leg continues to go down. I can feel my leg and wiggle my toes, something I couldn't do for 26 years.

I used to be called Doubting Thomas, because just like him, I had to be shown everything before I believed. I am now totally convinced and have faith in the Lord.

Through prayer and forgiveness, I have found salvation. I hope this helps anyone who is struggling in their life. You need to forgive to be forgiven—and stay connected to God for healing and peace.

~ A Son of God Behind the Walls~

"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you a future and a hope." Jeremiah 29:11

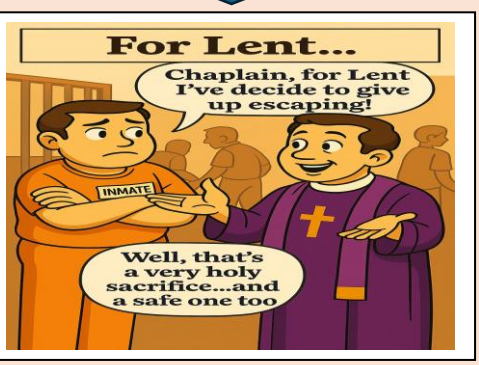


Brought to you by Eagle Rising Catholic Ministry at eaglerisingnyc.org.

WORDS OF HOPE

I am not defined by my circumstances.
I am defined by my actions.
I am committed to my personal growth and healing. I am worthy of respect, love and second chances.

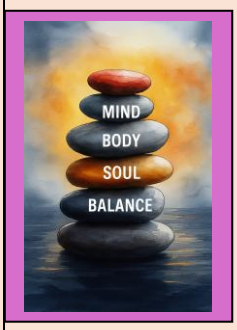
~Redeemed~



HEALTH AND WELLNESS

April is a season of renewal — and just as the earth begins to bloom again, we are reminded that God can renew our hearts, minds, and bodies too. Even in the most challenging environments, God is present and working.

The Bible reminds us in 3 John 1:2, "Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers." Wellness isn't just about physical health — it's also about peace in our spirit and clarity in our mind.



This month, focus on what you can control:

- Make time to pray or reflect quietly each day.
- Practice forgiveness — toward others and yourself.
- Encourage someone else with kindness or a listening ear.
- Breathe deeply and trust that God is working in you.

Even with confinement, your soul can be free. God's love heals what medicine cannot. His peace reaches deeper than any wound. Take each day step by step, and let the Holy Spirit strengthen you from the inside out.

~Tricia D, Eagle Ambassador, ERCM~

