

SPIRITUAL FREEDOM



My Brothers and Sisters awaiting freedom in Christ,
There are things we carry inside that nobody else can see. A mistake we wish we could take back. A relationship we damaged. Words we wish we never said. Sometimes we replay those things so many times that we begin to believe our worst moment is who we are. My brothers and sisters, that is not how God sees you.

Jesus already knows the parts of your story you are ashamed of, and He still calls you to Himself. Remember the woman caught in adultery. Jesus did not pretend that sin did not matter, but neither did He condemn her. He told her, "Neither do I condemn you. Go, and from now on do not sin any more" (John 8:11).

Notice what Jesus did: He gave her both mercy and a new direction.

That is what Christ offers us. Repentance does not mean living every day beating yourself up over yesterday. It means admitting where we went wrong, asking God for forgiveness, and allowing Him to teach us how to live differently.

Scripture tells us, "If anyone is in Christ, he is a new creation; the old things have passed away" (2 Corinthians 5:17). That does not erase the consequences of our choices, but it means those choices do not have to control the rest of our lives.

Maybe you have asked yourself, *Can God really use me after everything I have done?*

Look at Peter. He denied Jesus three times. Yet Jesus restored him and entrusted him with caring for His people (John 21:15–17). Peter's failure was real, but it was not the end of his story.



Neither is yours.

Give God the part of your life you keep trying to hide. Ask Him to forgive what needs forgiveness, heal what needs healing, and give you the courage to become different.

You cannot change yesterday. But with Christ, you can choose what kind of man or woman you will become today.

You are still here. God is still calling you. Your story is not finished.

~Fr. Samy, Risen Eagle Spiritual Director~

"So, if the Son makes you free, you will be free indeed." **- John 8:36**

Prayer Line

929-561-8301

Call and leave us a message with your brief prayer intentions. Prayers will be lifted at holy mass confidentially and our Eagle Ambassador prayer warriors will also intercede for your intentions.

RE-ENTRY ROADMAP

Moving forward starts with small, faithful steps. Use this time to build discipline, strengthen your mindset, and prepare for the future you want. Stay focused on learning, growing, and making choices that will help you move in the right direction. Not every step will be easy, but every good decision matters. Be patient with yourself, remain willing to learn, and do not let setbacks make you stop. Growth takes time, and steady progress can lead to new opportunities.

Keep showing up, keep preparing, and keep believing that a better future is possible. **For re-entry resources and support, call 929-561-8301.**

~Chemeka R, Risen Eagle Ambassador ~

HEALTH AND WELLNESS

Protecting Your Peace

Not everything deserves your energy. Constant arguments, negativity, and stress can wear down both the mind and the body. Learn to step away from what steals your peace. Take a moment to breathe, think before reacting, and choose calm over conflict when you can. Protecting your peace does not mean ignoring problems — it means handling them with wisdom. A clear mind and a peaceful spirit can help you make better decisions, respond with patience, and care for yourself in healthier ways.

~Tricia D, Risen Eagle Ambassador~

INSIDE VOICES

Feedback on *The Saints* by The Merry Beggars

This month, Inside Voices features feedback from men awaiting freedom who have been listening to *The Saints: Adventures of Faith and Courage*, a Catholic audio series created by The Merry Beggars, the entertainment division of Relevant Radio.

Available on the SECURUS tablet with the Edovo app.

https://www.themerrybeggars.com/shows/the-saints



"I really like how educational the program is. I'm learning about the saints, Church history, and parts of the Catholic faith I never understood before." ***~J.G.~***

"Listening to these stories has brought me closer to God and made me want to take my faith more seriously. I was so inspired by the episode on St. Valentine that I took his name for my Conformation. I now model my life to his positive virtues. We are all called to be saints." ***~(Valentine) W.M.~***

"I really enjoy the program because it is not boring. It is interesting, entertaining, and sometimes very funny." ***~R.G.~***

"The stories make the saints feel like real people. They went through struggles too, and that makes it easier for me to relate to them." ***~F.P.~***

"The saints have become role models for me. Their courage and faith give me something positive to look up to." ***~S.S.~***

"I like learning the history behind the saints and understanding why their lives are important to the Church." ***~P.R. ~***

"The acting and sound effects make the stories come alive. It feels like you are right there with them." ***~R.D.~***

"It showed me that saints were not perfect. Many went through hard times and still grew closer to God. That gives me hope." ***~P.D.~***

"Some of the stories make me think about my own life, my choices, and the kind of person I want to become." ***~S.A.~***



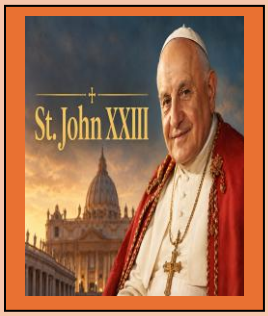
WORDS OF HOPE

I am not defined by my circumstances.
I am defined by my actions.
I am committed to my personal growth and healing. I am worthy of respect, love and second chances.
~Redeemed~

If you have a testimony to share on Inside Voices, we would love to hear from you. Write to your local Correctional Chaplain Services or mail it directly to our Ministry at 4711 Church Ave., Bklyn, NY 11203

Check out our Instagram page @riseneagle

Saint of the Month: St. John XXIII
Feast Day: October 11



St. John XXIII was born Angelo Giuseppe Roncalli in Italy in 1881. He came from a simple farming family and eventually became a priest, bishop, cardinal, and later Pope John XXIII.

He became known for his warmth, humility, humor, and deep concern for ordinary people. He believed that the Church should always lead with truth, but also with mercy, patience, and compassion.

One of the most important moments of his papacy was calling the Second Vatican Council, which brought bishops from around the world together to reflect on how the Church could more effectively share the Gospel in the modern world.

St. John XXIII understood that change can be difficult. He knew that people do not always grow overnight and that patience is often needed with ourselves and with others. His life reminds us that holiness is not only found in great public acts, but also in kindness, listening, forgiveness, and treating people with dignity.

He once said, "See everything, overlook a great deal, correct a little." His words remind us that not every mistake needs anger, and not every disagreement needs a fight. Sometimes wisdom means knowing when to speak, when to forgive, and when to let something go.

For anyone trying to rebuild their life, repair relationships, or become a better person, St. John XXIII offers a powerful example. We cannot change the past, but we can choose how we treat people today. A peaceful heart, a humble spirit, and a willingness to grow can change the direction of a life.

As we honor St. John XXIII this month, may we ask God for the grace to become more patient, more compassionate, and more willing to see the good in others.

~Kim C, Risen Eagle Ambassador~

"Blessed are the peacemakers, for they will be called children of God." - ***Matthew 5:9***