

The Eagle's Nest

ERCM, Vol 20

February 2026

Come Fly With Me



Dear Friends in Christ,

February invites us into a quieter but powerful season of faith — one that calls us to persevere, to love

deeply, and to remain steady when the journey feels demanding. While the excitement of new beginnings may fade, God continues to work faithfully in the ordinary moments of our lives. Scripture reminds us that love is not merely a feeling, but a commitment rooted in patience, endurance, and truth. When we choose to love as Christ loves — through forgiveness, humility, and service — we grow stronger in spirit and closer to God's heart. This kind of love sustains us when circumstances are uncertain and gives us courage to keep moving forward.

As we walk through this month together, let us ask God for the grace to remain faithful in prayer, resilient in hope, and generous in love. May we learn to trust God not only in moments of joy, but also in times that require strength and perseverance.

May February be a season where we deepen our relationship with Christ, support one another with compassion.

~Fr. Samy, Spiritual Director~

Founder's Message



The Sacraments – Part 2

(Continuation from our October 2025 issue on the Sacraments)

We introduced the Sacraments and

their role in the life of the Church.

The Sacraments of Healing Penance:

Is an act of reconciliation through which we obtain pardon from God, through His mercy, for offenses committed against Him.

At the same time, it reconciles us with the Church, which has been wounded by our sins and which, through charity, example, and prayer, labors for our conversion.

This sacrament is also called the Sacrament of Confession, the Sacrament of Forgiveness, or the Sacrament of Reconciliation.

Although Baptism washes away our sins, it does not abolish the frailty and weakness of human nature, nor the inclination to sin—our concupiscence (1 John 1:8). Because Christ bestowed authority upon His apostles (Matthew 16:19; John 20:23), their descendants—bishops and priests—have the power to forgive sins “in the name of the Father, and of the Son, and of the Holy Spirit” (2 Corinthians 2:10).

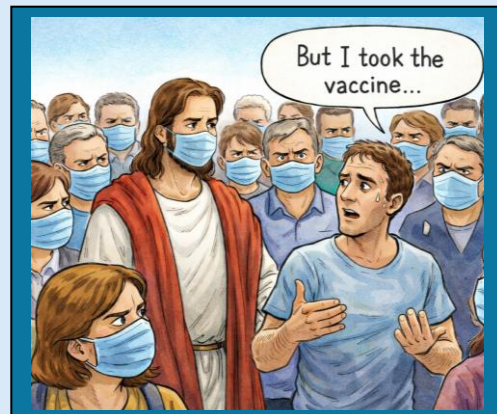
In Focus

Walking in Love, Faith, and Purpose

February invites us to reflect on love—not only as a feeling, but as a choice lived out through faith, service, and commitment to God and one another. As a community, we are reminded that Christ calls us to love with intention, patience, and compassion, even when the journey requires sacrifice.

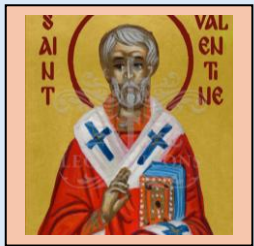
This month encourages us to strengthen our relationships—with God, with our families, and within our community—by practicing forgiveness, extending grace, and showing up for one another in meaningful ways. Love rooted in faith becomes a powerful witness, capable of healing hearts and building unity.

As we continue forward together, ERCM remains committed to creating spaces where love is lived through prayer, fellowship, and acts of service.



Eagle Rising Catholic Ministry

**Saint of the Month – Saint Valentine,
Feast Day: February 14**



Saint Valentine was a priest and martyr of the early Church who lived during a time of persecution for Christians. While

his life is often associated with romance, his true legacy is one of faithful, sacrificial love rooted in Christ. Valentine ministered quietly and courageously, serving God's people even when doing so placed his own life at risk. According to tradition, Saint Valentine defended Christian marriage and upheld the sanctity of love as a sacred covenant. For remaining faithful to Christ and His teachings, he was imprisoned and ultimately martyred. His witness reminds us that authentic love is not merely an emotion, but a choice—one that calls for commitment, truth, and self-giving. Saint Valentine's life teaches us that love flourishes when it is grounded in faith. In a world that often equates love with fleeting feelings, he points us toward a deeper understanding: love that endures hardship, remains faithful under pressure, and reflects Christ's own sacrificial love. As we journey through this month, Saint Valentine invites us to examine how we love—whether in our families, friendships, or communities—and to choose a love that is patient, courageous, and anchored in God. His example encourages us to live out our faith through acts of compassion, fidelity, and quiet perseverance, trusting that love rooted in Christ never fails.

With a grateful heart, I thank God and my husband for the blessing of being married on this feast day.

~Andrea, Chairperson~

OUR PRAYER

Lord, guide us to be of service to you and others. Inspire us to care for all your creation, especially the youth. Fill us with truth, hope and love in all that we do. Unite us to faithfully journey together with you, as we work to build Your Kingdom within our community.

~Serviam

Founder's message continued.

Anointing the Sick: is administered by priests, this gift of the Holy Spirit, through oil blessed by the bishop, commends the ill to the ecclesial grace of sharing in the suffering of the Lord and unites them to Christ's Passion and death (Romans 8:17; 2 Timothy 2:11), so that they may be raised up and saved (James 5:14–16). Contrary to common belief, this sacramentum exeuntium (the sacrament of those departing) is not only for those at the point of death in preparation for the final journey to the Father's house, but also for those who are in danger of death due to sickness or old age. If the sick person recovers, he or she may receive this sacrament again in the event of another grave illness. If, during the same illness, the person's condition becomes more serious, the sacrament may be repeated. It is also appropriate to receive this sacrament prior to a serious operation. The same holds true for the elderly whose frailty has become more pronounced (Catechism of the Catholic Church, 1499–1515). In addition to the Anointing of the Sick, the Church offers those who are about to leave this life the Eucharist as Viaticum—the sacrament of passing over from death to life, from this world to the Father (Catechism of the Catholic Church, 1524).

~Vic Joseph, Founder~

Mark 2:17: "...Those who are well have no need for a physician but those who are sick I came not to call the righteous but sinners."

Matthew 25:36: "...I was sick and you visited me."

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Fellowship Corner

January Recap: Epiphany, New Beginnings, and Prayer

January was a meaningful and prayer-filled month for our ERCM community as we reflected on the Epiphany of Jesus and continued to celebrate the birth of Christ. Together, we were reminded that Christ reveals Himself to us not only at Christmas, but throughout our daily lives, calling us to follow His light with faith and trust.



During our gathering, members and ambassadors were invited to participate in a special prayer

activity. Each person wrote a prayer intention on a ball ornament, sharing what they are asking God for in 2026, as well as what they are offering back to Him in the year ahead. These prayers were then placed on our Christmas tree as a visible sign of surrender, hope, and commitment.



Father Samy offered a blessing over the prayer tree, entrusting every intention to God's care and guidance. This moment of communal prayer created a sacred space of reflection, unity, and renewed faith as we stepped into the new year together.

January's gathering served as a beautiful reminder that faith grows when we come



together, lift one another in prayer, and place our hopes and plans into God's hands. As we move forward,

we carry these intentions with us, trusting that God is already at work in the year ahead.

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Eagle Rising Catholic Ministry